



Canadian Mental
Health Association
Huron Perth
Mental health for all

Association canadienne
pour la santé mentale
Huron Perth
La santé mentale pour tous

Our Vision: A society that values human dignity and enhances mental and emotional well being for all.

Welcome to the Canadian Mental Health Association, Huron Perth Branch's Case Management program! To assist you in your recovery goals that you have identified in your Application for Service, or with our Intake Worker, you have the option to access our weekly Case Management Clinics.

***Case Management clinics are offered at the following sites.
Clients are encouraged to drop in for supports.***

Every **WEDNESDAY** from 1:00pm-4:00pm

- ❖ **STRATFORD CLINIC:** CMHA HP office
(540 Huron Street, Stratford ON. N5A 5T9)

The **1st WEDNESDAY** of each month

- ❖ **LISTOWEL CLINIC:** North Perth Library
(260 Main Street West, Listowel ON. N4W 1A1 - upper level program room)

The **3rd WEDNESDAY** of each month

- ❖ **WINGHAM CLINIC:** Centre for Employment & Learning
(152 Josephine Street, Wingham ON. N0G 2W0 – upper level boardroom)

Every **THURSDAY** from 1:00pm-4:00pm

- ❖ **GODERICH CLINIC:** CMHA HP office
(52 Newgate Street, Goderich ON. N7A 1P1)

The **1st and 3rd THURSDAY** of each month

- ❖ **SEAFORTH CLINIC:** CMHA HP office
(92 Goderich Street West, Seaforth ON. N0K 1W0)

What do our drop-in clinics involve?

- ❖ Brief time spent with a one-to-one Case Manager
- ❖ Information on resources available to you
- ❖ Education and tools to support you with your mental health concerns
- ❖ Assistance with phone calls, applications, and referrals that may contribute to your recovery goals

You can contact our office at **1-888-875-2944 ext. 0** (speak with reception) if you have further questions.